HERITAGE EARLY CHILDHOOD CENTRE

HERITAGE **EARLY CHILDHOOD** CENTRE

2019 #2

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Do you have any questions in relation to your CCS? Please check the info from ACT department of education.

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If you would like to learn about new educators at Heritage please check this page.

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What's on this term?

A year with Heritage is full of family friendly events. Please check what events are coming up.

Director's report

by Vicki McDonald

Another wonderful Educators' Development Day was held with UPCCC and Cubby on Campus. We had an inspirational presentation by Sandy Phoenix, a very passionate behavioural therapist. I highly encourage you to jump on her website and discover the "Phoenix Cups Theory" The framework for understanding human behaviour (www.phoenix-support.com.au). Many educators also attended the presentation on the following day by Dr Louise Porter and Sandy Phoenix. It was a rare opportunity to have two amazing behaviourists present in Canberra and great to see so many Heritage educators give up their Saturday to take advantage of the opportunity. Another informative web site to check out;

www.playgroupnsw.org.au/ParentReso urces/ParentingYoungChildren/guiding -child-behaviour-without-punishment Winter is well on the way and it has been awesome to see the children and educators rugged up and getting out and about under the beautiful

Canberra winter skies. Keep bringing those beanies and warm coats so we know our children are warm on their walks and often long periods away from the centre. Flu season has hit Canberra full on. It is not too late to immunise your family against the flu if you haven't done so already. The more children immunised the less sickness we have at Heritage. A huge THANK YOU on behalf of our community to the handful of wonderful families, staff and families of staff that turned up to the Heritage Working Bee. They worked their way through the list of jobs until all were completed. You guys were amazing. Please be mindful of the rise of the UV levels in Canberra from August onwards. Sun screen stations are once again set up in all rooms. Hats are also back on the pegs. Something to think about. CCS weekly percentages can be lowered to allow the CCS to last longer into the financial year. This may lessen the stress that occurs when CCS money caps out for both families and myself. Please look at your MyGov site or talk to Centrelink.



Heritage EL's report

by Katie Pickering

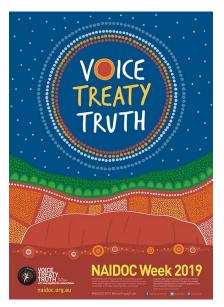
Yumalundi (Hello)!

It is already August, and we are hurtling towards the end of the year and warmer weather (YAY!), with many fun events coming up. We hope you enjoyed reading the Developmental Summaries and had a chance to catch up at the parent-teacher meetings.

Since the last Newsletter, we celebrated NAIDOC Week in all of our rooms. We try to incorporate Australian culture in our everyday practices & additionally during events like NAIDOC week. Preparing intentional teaching helps us to look at our resources & expand some of our ideas & practices. One particular area our educators have focused on is Ngoonawal language, which is something we are trying to incorporate more in our day to day routine. One of the most exciting steps in this process was working with Ngoonawal Elder Tyronne Bell, who helped us to learn an Acknowledgement of Country (AoC) completely in Ngoonawal language. Some of the words are guite complicated, so our younger groups have been doing a short version, and our preschool group have been slowly learning a little bit every week. We are proud to see that some of our preschoolers can now recite the whole AOC in Ngoonawal language & educators felt equally proud when Ryan began our educator training day with Ngoonawal language in front of the other ANU childcare organizations.

You probably already know that we are passionate about sustainability at Heritage and we are really keen to look at ways to continue cutting down our landfill waste so we need your help. The term 'nude lunches' is something we are wanting to encourage educators & families to try. We have noticed many children using bento box style lunch boxes and different reusable cloth bags or beeswax wraps. If you haven't heard of these before we are hoping to offer some ideas and products to work towards this goal together.

Alicia & Kirsty recently attended an interesting course in Perth, so I am keeping my part of the newsletter very short, so you can hear all about their interesting discoveries.



Heritage Committee 2019



Chair person Rebecca Doolan

Please contact the chairperson via her pigeon hole #61 or email the.doolans@outlook.com

You are welcome to join our <u>committee meeting</u> on the second Tuesday of every month in the staff room. Deputy Chairperson

Fleur De Crespigny

Treasurer

Emily Hurley

Deputy Treasurer

Adrian Plumb

Secretary

Danielle Venn

Public Officer

Katherine Carroll

Human Resources

Brendan Taylor

Social, Cultural and Fundraising officer

Stevie Wright

Grants Officer

VACANT

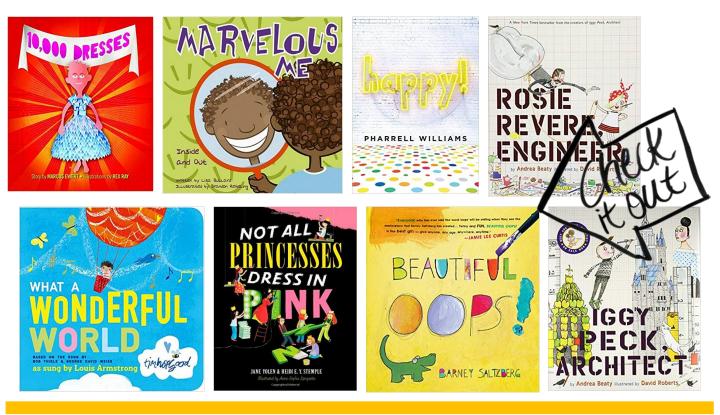
The next policies will for review will be our Excursion and Incursion, Physical Activity and Food Safety policy. These will up on our website in the policy review area of the members section.

HERITAGE EARLY CHILDHOOD CENTRE | ISSUE #2

Library New Resources

by Katie Pickering

In the library, we are always on the lookout to add to our teaching resources. We thought we'd share our recent purchases including some items which supported our educators teaching during NAIDOC week. We also have a large list of books that relate to all sorts of concepts for future purchasing (which seems to be growing rather than shrinking). Below are some of the great books we have just got in and speaking of books... Book Week is coming up. What is you child's favourite book??



Reggio Emelia Australia Information Exchange Biennial conference

Alicia and Kirsty represented Heritage at the Reggio Emelia Australia Information Exchange Biennial conference in early July. They were absolutely blown away with the detailed, informative and inspiring workshops and key note speakers that were on offer. Coming away from a four day course with loads of information, inspired minds to implement new experiences and some wonderful connections with people not only here in the ACT but all over Australia and Italy. We will be welcoming some of the people met during this conference over the next few months to enjoy a tour of our pride and joy (Heritage). Founder of Reggio Emilia, Loris Malaguzzi, believed that children should be encouraged to express themselves through words, movement, dance, art, exploration and play. Children should be empowered to use many different ways to question, feel, imagine, discover and reflect the

world they live in. Throughout the conference it was clear that Malaguzzi's beliefs very much mirror a lot of our Forest School beliefs and values. This made it very easy for Alicia and Kirsty to discuss ways that Reggio Emilia's approach is already being implemented in the daily flow at Heritage but also strategies to embed new ways of encouraging children to develop confidence and self-esteem in a hands-on and natural approach. Cinza Incerti (A teacher at the Diana school in Reggio Emilia and a Lecturer in professional development initiatives since 2006) expressed the importance of light (natural and created) and how their understanding of light can positively impact on their discovery of their world. There are so many different ways to incorporate light throughout the room, one of the most effective ways is by using light tables, projectors and reflectors, which you

by Alicia McDonald and Kirsty Smith



may have seen creep into the rooms a lot more lately. Alicia and Kirsty took some time during our Educators Training day to express to the educators what they took away from the conference and their strategies to try and implement these new ideas. The enthusiasm was clearly contagious because everyone was so excited to get back to Heritage and start trying new ways to empower children and their ideas. Alicia and Kirsty purchased some wonderful books during the conference which have been explored by many educators during their breaks and study time.

Mother's Day High Tea

Thanks for joining us in celebrating all the things we love about mum and other family members.







HERITAGE WORKING BEE 10AM TO 3PM ON SAT 15TH OF JUNE 2019

Thanks to families who came along to the Heritage Working Bee. We were able to assemble cots and a wardrobe, sanded and oiled wooden toys, deck and the bridge. We fixed the cubby house, and removed all the autumn leaves in the garden. Our big blue ute was also moved to the other side of the garden. Great work!

Heritage Working Bee



Photo: Lina, Abraham, Rebecca, Leo, Kit, Albert and his little brother, Jason, Dylan, Tom, Menon, Jacqui and Wilkie













Heritage Annual Educators Development Day

by Kate Kim





The presenters for the Heritage professional development day was Sandi Phoenix of <u>Phoenix Support for Educators</u>, who travelled from Queensland to speak about the Phoenix Cups framework and educator wellbeing. Sandi introduced the concept of Phoenix cups theory to the Heritage team by sharing a narrative of a day at a centre with fictional children. Each child represented an archetype of children whose cups, their sizes and their level dictated their needs and thereby influenced their behaviour. As Sandi shared the relatable stories of these fictional children, she had the educators in the room nodding in recognition of children in their own centres whose needs presented themselves in similar behaviours. After introducing the audience to these fictitious children, Sandi reiterated that, while a child's behaviour might be obvious, the reason for that behaviour is less so.

After unpacking some of the reasons behind the behaviour, educators saw that the behaviour is a manifestation of their needs. Rather than attempting to break that behaviour, a better solution would be to introduce cup-filling activities, Sandi asked the educators to talk amongst their tables about how the cup theory manifested itself in each room at Heritage.

Following a more detailed analysis of cup theory, Sandi invited everyone to work with the other educators at their table to choose a cup and discuss cup-filling strategies for that particular cup.

As the educators worked on developing their cup-filling strategies, Sandi went around the room to offer each group individualised assistance. They also passed out <u>Phoenix Cup Filling Cards</u> to help the educators ask the right questions to determine the best course of cupfilling action.

> The Phoenix Cups is a philosophical framework which your team can use to share ideas, language and understandings about human behaviour.

Phoenix Filling Cups Plan





Child Care Subsidy Balancing - Resources to share with families

From 29 July 2019, the Department of Human Services (DHS) will start balancing each family's Child Care Subsidy (CCS) entitlements for the 2018-19 financial year. All families who received CCS during that year will go through this process.

For some families, this may be the first time they will be part of the balancing process.

To help families understand the balancing process, the Department of Education and DHS have developed the resources listed in the table below. Providers and services are encouraged to share these with families attending their service.

While these resources are there to help families, providers and services are not expected to answer questions families have about balancing their payments. Families who need more information to understand the balancing process can be directed to the DHS <u>website</u>.

Resources for you to share with your families:

- •Information Sheet you can distribute this information sheet to families who attend your service.
- •<u>Self-print poster (Balancing CCS)</u> you can display this poster at your service.
- •<u>Self-print poster (Family Update)</u> you can display this poster at your service.
- •Infographic (the balancing journey) you can share this image with families who attend your service.
- •<u>Video (Balancing CCS)</u> you can share this video with families who attend your service.
- These resources can also be found on the Department of Education Child Care Subsidy Balancing webpage.

Criminal record check clarification: all educators and staff must have this check and the service needs evidence of this

Providers are required to determine that educators and their staff are a 'fit and proper person' to administer eligible CCS services.

One important part of the 'fit and proper person' assessment is that the provider must ensure that an educator or staff member provides a Nationally Coordinated Criminal History Check* (NCCHC) when a new staff member or educator commences with the early learning and child care service.

The pre-employment NCCHC must be no more than six months old at the time a new educator or staff member commences employment with the provider.

A NCCHC is made through the police service in the state or territory where the new staff member or educator lives.

New NCCHC are not required every six months, they are only required for educators and staff commencing with a provider.

*State and Territory police forces have their own jurisdictional terminology for the NCCHC. Jurisdictions may refer to the NCCHC as a police check, criminal history check, criminal records check or national police certificate.



Child Care Subsidy balancing basics

What is balancing?

After the end of each financial year, Centrelink balances your Child Care Subsidy. They do this to make sure you received the right amount of subsidy for the financial year.

How does balancing work?

Centrelink looks at your adjusted taxable income for the 2018-19 financial year and compares it to the estimate you gave them.

They then work out if you were paid too little subsidy, the right amount or too much. They'll send you a letter to let you know the outcome. Your letter will tell you whether:

- you'll get a top up of subsidy because you were paid too little,
- · you'll need to pay Centrelink back because you were overpaid, or
- you were paid the right amount, and don't need to do anything.

What you need to do?

To balance your Child Care Subsidy payments, Centrelink needs to confirm your family income for the 2018-19 financial year. Once you and your partner have lodged your tax return, the Australian Tax Office will send Centrelink your income information. There's nothing else you need to do and there's no need to call. If one or both of you don't need to lodge a tax return, you need to tell Centrelink you're not required to lodge. Your subsidy can't be balanced until you do this.

Telling Centrelink you're not required to lodge

You can tell Centrelink you don't need to lodge a tax return in either your:

- Centrelink online account through myGov, or
- Express Plus Centrelink mobile app.

Select **Advise non-lodgement** and follow the prompts.

Where to go for more information?

To see when your Child Care Subsidy has been balanced you don't need to call Centrelink. Instead you can:

• Keep an eye on your myGov Inbox, as this is where Centrelink will send your outcome letter if you get letter electronically.

• View the status of Child Care Subsidy balancing in your Centrelink online account through myGov or Express Plus Centrelink mobile app.

To find out more about balancing your Child Care Subsidy (or your other family payments) go to <u>humanservices.gov.au/balancing</u>.

Introducing new educators



Hi, I'm Fatima,

I am from the Philippines. I moved to Australia in 2013 with my daughter Crystal. In 2014, I studied Early Childhood Education certificate three, and since then, I've been working in childcare. In 2017, I decided to study my Diploma in Early Childhood Education to continue building on my knowledge. I am so grateful to be part of this wonderful and great Heritage family. I've seen the exceptional care & respect for children in every room & I am excited to come to work every day to teach children in the nursery room. Since I am a new member of the nursery team, I am trying my best to create strong relationships by getting to know each child, their personality, their routines, our families & community. I thank everyone here for their support & I look forward to getting to know everyone within the Heritage community.

Hello, my name is Bronwyn,

I grew up in Canberra and have lived here my whole life except a for few years in Sydney.. I live in Kingston with my wife, who works at the ANU and who recommended that I check out Heritage as a place to work after she came here to fix an IT problem a couple of years ago. I have worked in childcare for ten years, and the majority of those years in the preschool room. This is my first time working in the nursery, and it was a big change from what I am used to, but I am loving it! I am so excited to be part of the Heritage team, and look forward to getting to know you and seeing your wonderful children grow and flourish as they experience everything these exciting first years have to offer.





Hi, my name is **Anthea** and I am a mum of four children who are all grown up now! I moved to Australia as a three year old and have lived in Sydney, Brisbane, Melbourne and Canberra. I grew up in a big Irish family, with 3 brothers and 2 sisters. My family decided to go back to Ireland, but I felt like I was a true blue Aussie and decided to stay here.

I have always enjoyed social dancing, and have tried my hand at, Clogging, Salsa and Rock n roll dancing over the years. I'm a little too busy now but still enjoy a dancing class at my local gym to keep fit. I began working in Early Childhood as a casual and loved it so much, I decided to become a qualified Early Childhood educator. I have completed my Cert 3 and Diploma, and am almost finished my Bachelor of Education (Birth to Five), only 1 subject and 2 pracs to go!

Hi, my name is **Rebecca**, and I moved to Canberra in late 2001. I was born in Birmingham, UK and grew up with my younger sister, parents and my labradoodle George. I graduated college in 2016 and began studying at university soon after. I am currently studying a Bachelor of Journalism, and a Bachelor of International Relations, at the University of Canberra in Bruce.

I love to travel and have travelled to over 20 countries in my 20 years of life, with family, friends and by myself. I love experiencing new cultures and what different countries have to offer, as I come from a very multicultural family.

In the future I hope to get my Master's in Teaching as I am not sure what career path to take yet. I love children, and teaching is also a passion of mine, so education might be an option for the future ③





Hi I'm **Wei**. My full name is Wei Liu (刘维) and I was born in Wuhan, Hubei, China. My family has four people in it: me, my brother, my mum and my dad. They are all in China. I have been in Australia for over two years and I currently live with my partner Myles, his mother Sarah and his enormous German Shepherd Meredith. My favorite hobby is cooking, I like to cook lots of different types of food.

I have an undergraduate double degree in Agriculture and Accounting from Jianghan University in China and a Masters in Accounting from ANU. I came to Heritage after working as a casual replacement in other childcare centers. I love working at Heritage because all the staff are so nice and the children are always having fun! I also teach Mandarin on my weekends to three students at different levels and ages, which I find to be a good challenge and very rewarding. My goals for the future are to finish my early childhood qualification and to get an education degree so I can become a preschool teacher.



NURSERY EDUCATORS

Team Leader	КАТЕ
Assist TL	FATIMA
	BRONWYN
	ТІТІ
	MARTHA
	WEI

Report from the Nursery

by Nursery Educators

During the last few months, our nursery welcomed new educators into the room, Fatima, Bronwyn and Wei. The children made positive relationships with the new educators, and it gets stronger day by day. Thanks to Katie, our Educational Leader who helped this change happen smoothly as she supported the room and helped the children's routines for over two weeks. Our children accepted and welcomed new faces into our circle in their warm way.

Our Sensory and Being Literate program supported our children to achieve many outcomes. Educators have tried to provide a rich environment where they use their motor skills, engage in social interaction and are encouraged to communicate with peers and educators using their verbal and non-verbal ways. Many children now use some simple sign language confidently throughout their routines to communicate with educators too.

We have started going out for little adventures around Heritage more often, and the children love their time outside. We will continue our walks and encourage them to engage in problemsolving (trial & error) experiences using the natural environment. This will allow children to respond positively to challenges and responsibilities. We will continue to share our stories with families through our daybooks.

We would like to thank our nursery families for taking the time to come and have a chat with our educators on parents/teacher interview. We appreciate your feedback and ongoing support!

Nursery Contact Details

6125 3856 hecc.nursery@gmail.com

Report from the Toddler Room

by Toddler Educators

Throughout term two, the toddler room has been incredibly involved in every opportunity provided to them. In addition to our two programs we ran over this time: 'Increasing Responsibility for Self-Help and Basic Health Routines' and 'Effective Communication', the toddler room have been involved in the Fit-A-Thon, Reconciliation Day, numerous walks around ANU and around the museum, furthering our music experiences, National Tree Day, NAIDOC week, as well as the beginning of some transitions up from the nursery and some into the preschool room. It is wonderful to have an active and hands-on team that gets involved in any and every learning opportunity.

During July, for NAIDOC week, we particularly focused on celebrating Aboriginal and Torres Strait Islander people's culture, history and achievements. We incorporated this in many ways such as in art experiences, yoga movements (using the Ngoonawal names of animals), reading books to expand our learning, cooking damper and trying quandong jam, and regularly gathering around the campfire singing 'the campfire song'. As well as Tyronne from Thunderstone's teachings, the toddlers learnt the first line of our Acknowledgement of Country in Ngoonawal language. They are currently learning the second line out of three.

Recently, we have begun our 'Gulumbany' (Community) program. This will expand on the knowledge the toddlers have learnt during NAIDOC week and provide opportunities to go outside the fence and learn. This incorporates learning to respect what is given to us, creating positive change in our world and learning about cultures within our community. We'd like to encourage you to get involved as we

Toddler Contact Details

6125 2796 toddlers.hecc@gmail.com restart up our 'Rubbish-Free Friday's'. Promoting multiple use containers to reduce our landfill impact is a simple and effective way to incorporate learning about our sustainable footprint. Please see the program by the back deck door for further information.

We'd like to take this chance to thank all the families who attended parent/teacher interviews and hope that you can provide any additional feedback from the summary as soon as possible.

TODDLER EDUCATORS

Team Leader	KIRSTY
Assist TL	DRAGANA
	ANTHEA
	BRIAR
	HANNAH
	Bec
	MADY



<u>Mandarin with</u> <u>Tina</u>



"Mandarin Class happens as an everyday experience in the Preschool Room. Please check our Preschool Daybook to find out what your child is learning this



Report from the Preschool Room

by Preschool Educators

The preschoolers have continued to navigate themselves along their educational journey and educators have been there to provide support and quidance where necessary, stimulating environments and facilitating learning experiences. Educator's aspirations are for children to become independent, compassionate, kind and empathetic members of the community who have a positive attitude towards learning and a thirst for knowledge. We believe this is achieved by following children's interests, responding to a mixture of learning styles, promoting diversity and providing challenging experiences (and much more!).

The outdoors has been a significant ongoing interest for children and contributor to overall development. We firmly believe the environment acts as another teacher and there is so much learning potential, in natural and built environments. We haven't managed to get the gazebo up and running yet but the outdoor program has certainly expanded with the introduction of tools and loosening of limitations with the use of sticks. As children have become more mature, responsible and experienced they are now able to use sticks longer than their arm and have discussed and observed safe ways to carry larger branches. Preschoolers have been regularly using the saw and a variety of other tools on walks which will continue throughout the year. Additional tools such as a rasp set will accompany children for engraving and carving activities. The "doughnuts" remain the first choice for preschoolers and this area provides many opportunities for children to learn about bush tucker, fine and gross motor development and to build resilience. The Botanic Gardens and Zoo excursions were two of the year's highlights with children showing

impressive fitness to walk such long distances and high levels of confidence to feed and pet the animals. A Joey Scouts activity resource from a toddler family will provide educators with more ideas for outdoor experiences and educators are looking forward to facilitating these on upcoming walks and outings.

The preschoolers are close to mastering their new Acknowledgement of Country (AoC) in Ngoonawal language and we have been told Heritage children are amongst the first to learn this acknowledgement in Canberra.

Children have also been busy engaging with music performances, Science Week experiments, Chinese language sessions and working on their self-help skills.

Tomasz is currently on holiday visiting family in Poland so Gabby, David and Katie have stepped in to provide support in the room.

Team Leader	RYAN
Assist TL	ALICIA
	TOMASZ
Chinese Language Teacher	TINA

PRESCHOOL EDUCATORS

Preschool Contact Details

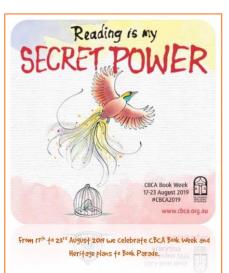
6125 2485 heccpreschool@gmail.com

Upcoming events...



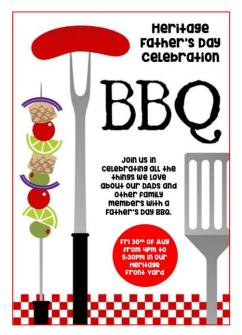
Every Wednesday at 5:45pm All Heritage Families are welcome to join us!

Winter Fitness Program Weds at 5:45pm All Heritage Families are welcome!



on Tuesday 20th and Thursday 22nd of August come dressed as your favourite character and bring a book to share with your friends at Heritage

Tue 20th and Thurs 22nd August Book Parade



Friday 30th of Aug from 4pm to 5:30pm in Front Yard



Monday 2nd and Friday 6th Sep 2019

Group Photo Schedule

- Preschool: Mon 2nd Sep 10:15am and Fri 6th Sep 10:15am
- Toddler: Mon 2nd Sep 9:45am and Fri 6th Sep 9:45am
- Babies: Mon 2nd Sep 9:30am and Fri 6th Sep 9:30am

MEDICAL CONDITIONS

please inform Heritage immediately if your child's medical health changes.

Please remember to update your child's

- Medical Management Plan
- Risk Minimization Plan
- Communication Plan and **Authorisation**

For any medications whenever information changes.

HERITAGE EARLY **CHILDHOOD CENTRE**

75 Lennox crossing ANU ACTON 0200 6249 8851 hecc@anu.edu.au www.anu.edu.au/childcare/heritage



This winter, get a warm glow from the silver screen at the inaugural Kambri Family Film Fest!

There are 18 days of fun on offer (from Friday, 5 July to Sunday, 1 September) with recent release and classic film screenings for the young and young at heart, plus short film screenings from Little Big Shots, pre-movie entertainment, storytelling at Harry Hartog, and dozens of amazing eateries where you can redeem your included \$10 food voucher* for a delicious lunch. By registering on EventBrite (http://bit.ly/KambriFilmFest - \$10 plus \$1.54 booking fee), you'll get access to all the activities, plus your ticket doubles as your \$10 food voucher! Looking forward to seeing you there!

FEATURE FILM - 12:40PM

JULY		
JULY	FRI 5	MARY POPPINS RETURNS
	SAT 6	CHRISTOPHER ROBIN
	SUN 7	ALICE IN WONDERLAND
	FRI 12	THE NUTCRACKER
	SAT 13	THE GRINCH
	SUN 14	CLASSIC: HOME ALONE
	SUN 21	A WRINKLE IN TIME
	SAT 27	TEEN TITANS GO!
	SUN 28	INCREDIBLES 2
AUGUST	SAT 3	SMALL FOOT
	SUN 4	THE HOUSE WITH A CLOCK ON ITS WALLS
	SAT 10	JOHNNY ENGLISH STRIKES AGAIN
	SUN 11	EARLY MAN
	SAT 17	RALPH BREAKS THE INTERNET
	SUN 18	SPACE JAM
	SAT 24	SGT STUBBS
	SUN 25	MAMMA MIA! HERE WE GO AGAIN
SEPT	SUN 1	HOW TO TRAIN YOUR DRAGON: HIDDEN WORLD