



# Helping you reach your full potential

We are dedicated to helping individuals achieve their goals, improve their health, and enhance their overall well-being. We provide psychology services to children, adolescents and adults.

Our team is experienced in delivering person-centred supports for people with autism, ADHD, trauma, depression, anxiety, personality disorders, pain management, substance abuse, and more.

## We offer:

- Individual Psychology Sessions
- Cognitive assessments
- Autism diagnostic assessments
- Group-based programs

We accept self-managed or plan-managed NDIS plans or private paying customers.



**No referral is necessary!**

To book an appointment or for more information, contact us on  
**1300 874 000** or email  
**[alliedhealth@personnelgroup.com.au](mailto:alliedhealth@personnelgroup.com.au)**

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